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## NUTRA DHA

NUTRA DHA is a dietary supplement based on DHA from oil derived from alga.

Glass bottle of 120 tablets.

1 tablet = 50mg DHA.

NUTRA DHA is a dietary supplement based on DHA from oil derived from alga useful to bring an additional fee of this component to the daily diet.

DHA is extracted from the microalga of the genus *Schizochytrium sp.*

DHA is a semi-essential fatty acid of the Omega3 series, present in fair quantities in fish (salmon, mackerel, sardines, herring, tuna and anchovies) and also in some microalgae that the fish eat.

DHA is known for its properties:

- Hypolipidemic, useful in reducing blood concentrations of triglycerides and LDL cholesterol.
- Neuroprotective, effective in protecting the central nervous system from the harmful action of reactive oxygen species.
- Antioxidants, biologically valuable for various organs and systems, including the reproductive one.
- Anti-inflammatory, able to extinguish the phlogistic cascade.
- Immunomodulatory and antiallergic.

Therefore, a correct integration of DHA is recommended for:

- Pregnant and breastfeeding women.
- Subjects suffering from hypercholesterolemia, hypertriglyceridemia or with increased cardiovascular risk.
- Subjects affected by neurological/neurodegenerative diseases.

- Subjects suffering from allergic/autoimmune pathologies.