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## NUTRA DHA 50ml

NUTRA DHA 50 ml is a dietary supplement based on **algal oil with a high content of Omega 3 (DHA)**.

Glass bottle of **50ml**.

**1 ml** (20 drops) = 100mg of algal DHA.

NUTRA DHA 50ml is a dietary supplement based on **algal oil with a high content of Omega 3 (DHA)**, useful for the well-being of the body.

**DHA** is extracted from the microalga of the genus *Schizochytrium sp.*

DHA is a **semi-essential** fatty acid of the Omega3 series, present in fair quantities in fish (salmon, mackerel, sardines, herring, tuna and anchovies) and also in some microalgae that the fish eat.

DHA is known for its properties:

- **Hypolipidemic**, useful in reducing blood concentrations of triglycerides and LDL cholesterol.
- **Neuroprotective**, effective in protecting the central nervous system from the harmful action of reactive oxygen species.
- **Antioxidants**, biologically valuable for various organs and systems, including the reproductive one.
- **Anti-inflammatory**, able to extinguish the phlogistic cascade.
- **Immunomodulatory** and **antiallergic**.

Therefore, a correct integration of DHA is **recommended** for:

- Pregnant and breastfeeding women.
- Subjects suffering from hypercholesterolemia, hypertriglyceridemia or with increased cardiovascular risk.
- Subjects affected by neurological/neurodegenerative diseases.

- Subjects suffering from allergic/autoimmune pathologies.