



www.nutra-be.com | info@nutra-be.it | +39 3488125787



NUTRA EMAFOLIC

NUTRA EMAFOLIC is a dietary supplement containing Folate, Iron bisglycinate and Vitamin C from Rosehip.

Glass bottle of 120 tablets.

1 tablet = 400 mcg of calcium methylfolate.

NUTRA EMAFOLIC is a dietary supplement containing Folate, Iron bisglycinate and Vitamin C from Rosehip. Together these elements contribute to maternal tissue growth in pregnancy, normal hematopoiesis, and normal homocysteine metabolism. It also intervenes in the process of cell division and normal function of the immune system.

Folate or Calcium Methylfolate is the biologically active form of Folic Acid.

Folate is known for its role:

In the cellular synthesis of DNA, RNA and proteins.

In the processes of cell differentiation and duplication (blood and skin cells).

In the formation of the embryo.

In synergy with vitamin B12 and vitamin B6, in the metabolism and control of values of Homocysteine, a sulfur amino acid of which a high concentration in the blood is considered a cardiovascular risk factor.

A folate deficiency can result in:

Anemia.

Risk of serious fetal malformations, such as neural tube defects (spina bifida, anencephaly).

A diet rich in fruits, vegetables, and legumes (sources of folate) can help reduce the incidence of birth defects; however, diet alone is not always sufficient to cover daily requirements, so a diet with folate-containing food supplements should be set up during pregnancy.

Numerous studies have shown that folate/folic acid supplementation during pregnancy is effective in preventing neural tube defects, reducing the risk of birth defects by up to 70 percent.

Iron contributes to the normal formation of red blood cells and hemoglobin, the transport of oxygen in the body. Vitamin C contributes to collagen formation for better blood vessel function and increases the absorption of iron itself. This trio works synergistically to reduce feelings of fatigue and tiredness.