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NUTRA JAMAL

NUTRA JAMAL is a dietary supplement for adults based on *cystine, rose hips, iron, copper, zinc, selenium, niacin* and *biotin*.

Glass bottle of 90 tablets.

1 tablet = [Iron](#) + Cystine + C vitamin + B3 vitamin + [Selenium](#) + [Copper](#) + B7 vitamin.

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- C Vitamin extracted from rose hips is involved in the process of collagen synthesis.
- Iron intervenes in the process of cell division.
- Copper contributes to the normal pigmentation of skin and hair.
- Zinc and Selenium contribute to the maintenance of normal hair and nails.
- Niacin promotes the blood circulation of the scalp by acting on hair follicles.
- Biotin is a sulfur vitamin that supports the growth of new hair and the general well-being of skin and nails.

AVERAGE CONTENT		
	For 1 tablet	% VNR
Iron	14 mg	100%
L-Cystine	150 mg	
Rose hips	114.2 mg	
of which C vitamin	80 mg	100%
Niacin	16 mg	100%
Zinc	10 mg	100%
Selenium	55 mcg	100%
Copper	1 mg	100%
Biotin	50 mcg	100%