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## NUTRA K2

NUTRA K2 is a dietary supplement based on K2 Vitamin (*Menaquinone-7*).

Glass bottle of 120 tablets.

1 tablet= 100 mcg K2 vitamin.

NUTRA K2 is a dietary supplement based on K2 vitamin that contributes to the normal blood clotting and the maintenance of normal bones.

K2 Vitamin is present in fermented foods (sauerkraut, natto (Japanese preparation based on fermented soya), cheeses and eggs of grass-fed animals).

K2 Vitamin is known for its role:

- In the activation of a specific protein, osteocalcin, which helps to fix calcium in bones and teeth.
- In the activation of the protein MGP, which participates in the elimination of calcium from the arteries, limiting the calcification and the related risks.

K2 Vitamin is therefore important for:

- Women in post-menopause.
- Subjects in the growth phase.
- Subjects at risk of arterial hypertension.